

When you're part of something different, unique, meaningful...

It gives you a real sense of purpose, pride and belonging.

For us, belonging means everything, and we want to help islanders feel they belong to the communities where they live. Help us to break the silence of loneliness and make a real difference.

Use this form to take the first step in getting to know those around you.



We can all help bring a feeling of belonging to the communities we live in when we look out for each other.

Find out more on our website: www.channelislands.coop/Belonging

Helplines:

Citizen's Advice Jersey | www.cab.org.je | 01534 724942

Mind Jersey | www.mindjersey.org | 0800 735 9404

The Samaritans | www.samaritans.org | 01534 116123

Age Concern | www.ageconcern.je | 0800 735 0345

We'd love to know how this has helped you, please go to www.channelislands.coop/neighbour with your feedback.



facebook.com/cicoop | twitter.com/ci_coop | instagram.com/cicoop

Belonging is everything

www.channelislands.coop/belonging



Meet your Neighbour

Sponsored by:



In association with:



Hello neighbour,

My name is.....

I live at..... and I'd like to introduce myself

If you ever need anything, you can call me on:

Or I could help you with:

Shopping

Cooking a meal

Taking in parcels

Some company

Giving you a lift somewhere

Walking your dog

Other suggestions:

.....
.....
.....
.....
.....

Simply fill out this form and post it to your neighbour

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Thank you for saying hello,

My name is

I live at

It would be great if you could help me with

To say thank you, perhaps I could help you with

In an emergency, you can call me on

Other comments:

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Once you've filled this out, simply cut and drop it back to your neighbour.